

A transformational experience to reaffirm your leadership values and the attributes of a high-performing team

Conscious Leadership with Elina Teboul

LEAD WITH PURPOSE AND AUTHENTICITY



ELINATEBOUL.COM

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Overview

- Overnight programme balancing connection and creativity. Prepping and follow-up.
- Accommodation, food & drink, team experiences and expert facilitation arranged to meet your need
- 2 days, 1 night in a memorable, natural location within two hours of London (or a city of choice).

Goals

- Create alignment across your leadership team.
- Get radical buy-in to your purpose for yourself and your team.
- Build your confidence as decisionmakers.



Conscious Leadership

PROGRAMME

Day One

09:00 - 10:00	Getting to the venue
10:00 - 12:00	The Welcome & Connection Shared experience options like hiking, surfing, swimmingg
12:00 - 13:30	Long table lunch in a unique location
13:30 - 17:00	 Elina will design and facilitate a bespoke team coaching program tailored to your company's objectives, which could include: Why is purpose and authenticity so important? What are your own values and are you living them in your leadership? What are the blockers to you leading with purpose and authenticity and how can you tackle each one? Breaks every 60 - 90 minutes
17:00 - 18:30 18:30 - late	Decompression time A chance to reflect on day one over some good food and drinks. Don't forget, research from the University of Oxford has revealed that the more often people eat with others, the more likely they are to feel happy and satisfied with their lives. We love epicurean thinking here at WorkTripp!
	Day Two
08:00	Optional wellbeing session: yoga, nature, walk, swim
09:30 - 12:30	Elina will design and facilitate a bespoke team coaching program tailored to your company's objectives, which could include:
	Aligning around purpose and authenticityIndividual workOrganisational work
12:30 - 13:30	Long table lunch
13:30 - 15:30	Shared collective experience and team connect
15:30 - 16:00	Wrap up
16:00	Return home



"Elina's workshop on personal and organizational values was deeply valuable for my team. As a venture-backed fast-growth company, our focus isn't always on personal growth, but rather our company growth and Elina's inspirational presentation gave us a renewed sense of purpose and drive"

Contact Elina to learn more elina@lightuplab.com

